

## 7th July World Chocolate Day

### Designated Safeguarding Lead



Joanne Fennelly  
Headteacher

### Deputy Designated Safeguarding Leads



Jennifer de Board  
Assistant Headteacher



Laura Cunningham  
Inclusion Leader

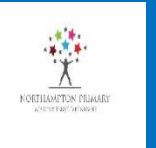


Hannah Garrard  
Family Support Worker



Natalie Richards  
EYFS Lead

Northampton Safeguarding Children's Board  
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Dear Parents and Carers,

This week we have seen children demonstrating their love of sports, art, dance and music through a variety of opportunities. Last night, we welcomed families to our superb performing arts evening where children showcased their musical skills playing the violin, guitar, keyboard, trumpet, flute, clarinet, along with singing and the choir. On Thursday we also welcomed families to the KS2 sports day, where the sun shone as the children demonstrated a range of sports skills, culminating in the elite running races. Everyone had a great morning! Throughout the past few weeks, every child has been focusing on a different art skill in readiness for the whole school art exhibition- the outcomes are fantastic, and we can't wait to welcome you to the event next Friday. In addition, our drama group have been singing, dancing and rehearsing their lines as they prepare for their performances of SuperStan next week. All in all, a fantastic week of creativity has taken place with all children showing their love and enjoyment of these important areas of the curriculum.

We are also so excited about the summer fete tomorrow and I hope to see you there.

Best wishes

Mrs Fennelly

IT'S NICE TO BE  
IMPORTANT  
BUT IT'S MORE  
IMPORTANT TO BE  
**NICE**

## **POSTER OF THE WEEK**

**Our poster this week was chosen by a Year 6 child who had found this quote and wanted it to be shared.**

**Everyone agreed today that being nice is such an important quality to have and we all try to be kind, caring and nice to everyone.**



## Dates for your Diary

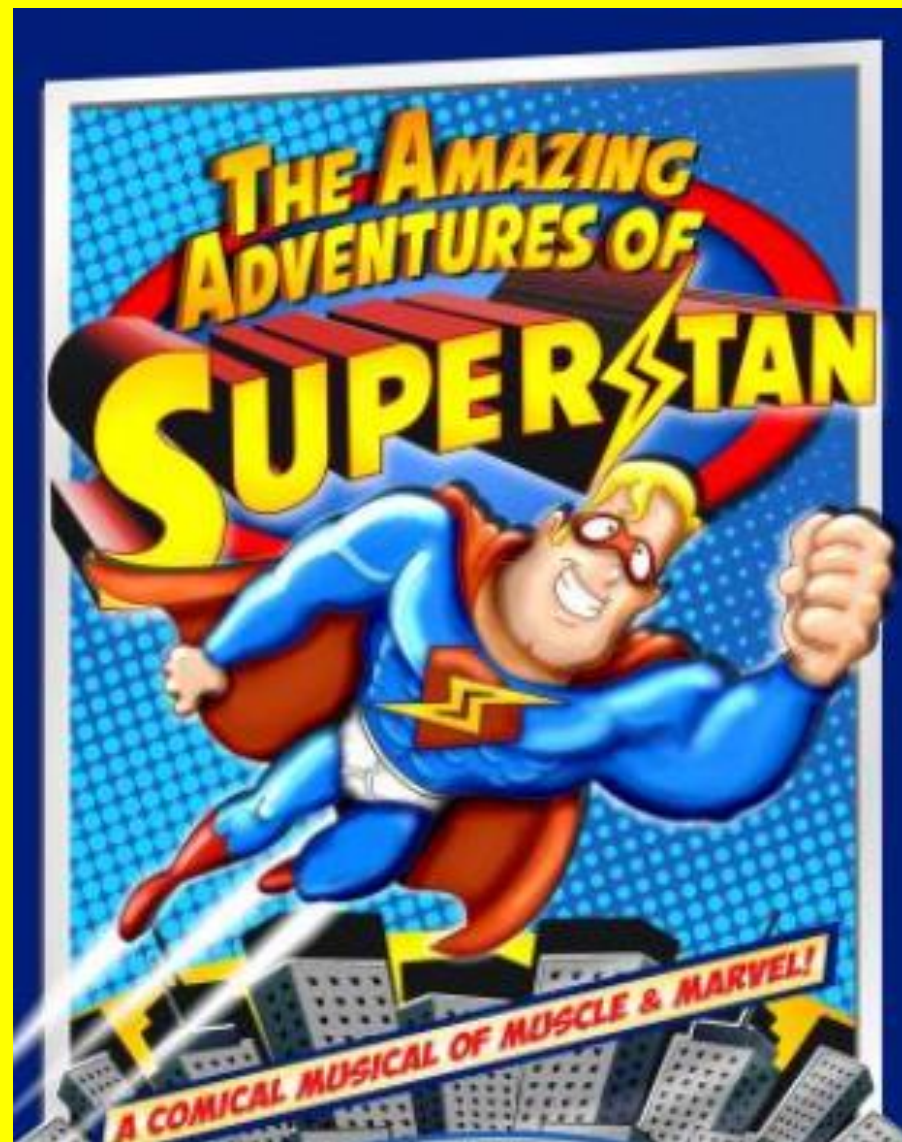
Date	Year group	Event
8th July	Whole School & Families	Summer Fete
11th & 12th July	Parents	Performance by our Drama club of: SuperStan- get your tickets on Parentmail
13th July	Whole School	Summer Discos 3:30pm-4:30pm- Reception, Year 1, 2 and Wiggins 4:45pm-5:45pm- Year 3 and 4 6:00pm-7:00pm- Year 5, 6 and Robinson Tickets available on Parentmail
13th July	Year Groups	SdS Has Talent Year Group Heats
14th July	Whole School	3:00pm Art Exhibition in classes- purchase your child's art on Parentmail
20th July	Year 6	1:30pm Leavers assembly. Tea & cake on the field
21st July	Whole School	'SdS Has Talent' Final for Children

We can't wait to see  
you at the fete  
tomorrow.  
Whatever the  
weather, we'll have  
lots of fun!  
See you at 11:30am





**Next week, The Players will be performing their SuperStan show. Tickets are available for families of the club on Tuesday July 11th. Tickets are available for the families and the whole school for Wednesday July 12th at 6:00pm. It will be a great show!**



## Next Week

**Don't forget.....**

**The School Discos on Thursday July  
13th**

**The Whole School Art Exhibition on  
Friday July 14th**

**Buy your tickets and artwork on parentmail**



## Young V&A

If you're heading to London over the coming weeks,  
why not pay a visit to The Young V&A?

This is brand new museum and interactive space for  
children that is free to enter.

Get ready to spark your creativity at Young V&A – the museum where children, young people and families can imagine, play and design. From 1 July 2023, be inspired by spaces, explore our collection and get creative. Right now, keep in touch on social.

[Young V&A \(vam.ac.uk\)](https://vam.ac.uk)



Young V&A

Cambridge Heath Rd, Bethnal Green,  
London E2 9PA



Opening times

Daily: 10.00 – 17.45, from 1 July 2023



Admission will be free

[Members visit free – join now](#)



































# 30 Day Maths Challenge



© The Mum Educates

<p>Count how many pair of shoes you have.</p> <p><b>Day 1</b></p> 	<p>Learn and write the properties of 2 different 2D shapes.</p> <p><b>Day 2</b></p> 	<p>Walk to the park. How long does it take you to reach the park?</p> <p><b>Day 3</b></p> 	<p>Clean your room daily for one week and write down the times.</p> <p><b>Day 4</b></p> 	<p>How fast can you say and write numbers 1 - 100? Ask an adult to time you.</p> <p><b>Day 5</b></p> 
<p>Measure your sibling's height.</p> <p><b>Day 6</b></p> 	<p>Go to the park and find twigs. How many did you find?</p> <p><b>Day 7</b></p> 	<p>Play your favourite game with your family and see who scores the most points.</p> <p><b>Day 8</b></p> 	<p>Compare the weights of your family. Find the difference between the lightest and heaviest person.</p> <p><b>Day 9</b></p> 	<p>Get two coins from each person in your house. Calculate how much money do you have?</p> <p><b>Day 10</b></p> 
<p>Bake a pizza with your mum and share it equally with your sibling.</p> <p><b>Day 11</b></p> 	<p>Grab a packet of biscuits. Share one quarter with your sibling or friend.</p> <p><b>Day 12</b></p> 	<p>Find a five-sided shape in your house. Write the name of the shape.</p> <p><b>Day 13</b></p> 	<p>Make a tally chart of the favourite fruit of your family.</p> <p><b>Day 14</b></p> 	<p>Look for your favourite toy online. Compare the prices to find the best deal.</p> <p><b>Day 15</b></p> 
<p>Find a cube in your house and then write its properties.</p> <p><b>Day 16</b></p> 	<p>Estimate weight of watermelon in kg. Ask a grown-up to weigh it.</p> <p><b>Day 17</b></p> 	<p>Make two different patterns using blocks.</p> <p><b>Day 18</b></p> 	<p>Find a 3D shape that does not stack. Explain your answer.</p> <p><b>Day 19</b></p> 	<p>Hang a wet towel outside. How much time did it take to dry?</p> <p><b>Day 20</b></p> 
<p>Learn 10s times table and then write it down.</p> <p><b>Day 21</b></p> 	<p>Learn how many hours and minutes are there in one day.</p> <p><b>Day 22</b></p> 	<p>Read 3 books and then add the number of pages you have read.</p> <p><b>Day 23</b></p> 	<p>What is 27 less than 50? How do you know?</p> <p><b>Day 24</b></p> 	<p>Collect 40 objects around the house. Put them in the groups of 5 and then skip count in 5s.</p> <p><b>Day 25</b></p> 
<p>Learn to tell the time to o'clock and half past.</p> <p><b>Day 26</b></p> 	<p>Learn to add numbers using a number line.</p> <p><b>Day 27</b></p> 	<p>Make a meal for your family and then work out the cost of a meal per person.</p> <p><b>Day 28</b></p> 	<p>Make the biggest number with digits 5, 0 and 9.</p> <p><b>Day 29</b></p> 	<p>Make a bar chart showing the average daily temperature of your city.</p> <p><b>Day 30</b></p> 



Make yourself a cup of tea, sit back and read the **East Hunsbury Life Magazine**.

There's a great article all about Simon de Senlis- how wonderful to see our school and it's achievements celebrated within the local magazine.



East Hunsbury Parish Council magazine June 23 by PulseGroupMedia - Issuu





# PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

## **ASDA**

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

## **TESCO**

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

## **SAINSBURYS CAFES**

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

## **BEEFEATER & BREWERS FAYRE**

Two children under 16 can get a free breakfast every day with one paying adult!

## **MORRISONS**

Spend £4.49 & get one free kids meal all day, every day.

## **GORDON RAMSEY RESTAURANTS**

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

## **PRETO**

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

## **BILLS**

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

### **THE REAL GREEK**

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

### **TABLE TABLE**

Two children under 16 can get a free breakfast every day with one paying adult!

### **TRAVELODGE**

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

### **HUNGRY HORSE**

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

### **PREMIER INN**

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

### **BELLA ITALIA**

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

### **WHITBREAD INNS**

Two kids under 16 eat for FREE with every adult breakfast purchased

### **SA BRAINS PUBS**

Children can eat for £1 with any adult main. Valid All Day Wednesdays

### **FUTURE INNS**

Under 12's eat for free with any adult meal. During the school holidays

### **PAUSA CAFE @ DUNELM**

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm



## PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

### IKEA

Kids get a meal from 95p daily from 11am

### YO! SUSHI

From Mon 17th of July until Fri 11th of Aug  
kids eat free with every £10 adult spend

### TO BE CONFIRMED...

M&S and Farmhouse Inns



## **Reading for Pleasure**

**A recent study found great benefits from children reading for pleasure on a regular basis. It is wonderful to see these findings and know that the reading we do at school and at home has enormous benefits to your child. Please see some of the findings below-**

The team found a strong link between reading for pleasure at an early age and a positive performance in adolescence on cognitive tests that measured such factors as verbal learning, memory and speech development, and at school academic achievement.

These children also had better mental wellbeing, as assessed using a number of clinical scores and reports from parents and teachers, showing fewer signs of stress and depression, as well as improved attention and fewer behavioural problems such as aggression and rule-breaking.

Children who began reading for pleasure earlier also tended to spend less screen time – for example watching TV or using their smartphone or tablet – during the week and at weekends in their adolescence, and also tended to sleep longer.

## Art Gallery- Friday July 14th

We look forward to seeing you at the whole school art gallery on Friday July 14th from 3pm, where you can see your child's great artwork. Each piece of art will be framed and so please go to your parentmail account to purchase the artwork.



## Raffle Tickets

**Tickets are available at the fete  
tomorrow.**

**Good luck everyone!**



## RAFFLE PRIZES!

**Summer  
fete**



**Sat 8th July  
11:30 - 14:30**

### Prizes INCLUDE



**£100 CASH**



**FAMILY PASS TO EUROPEAN FINALS -  
SANTA POD RACEWAY**

**£50 MORRISON'S GIFT CARD**

**2 ADULTS, 2 KIDS - RIVERSIDE HUB**

**1 MONTH MEMBERSHIP - SOO YOGA**

**2 X FAMILY ENTRY - TIGERS INDOOR PLAY**

**4 BALL ON OAKS COURSE - DELAPRE GOLF CENTRE**

**AFTERNOON TEA FOR TWO - DELAPRE ABBEY**

**FAMILY PASS - THRIFT FARM**

**£20 GIFT VOUCHER - THE COLLINGTREE**

**£10 VOUCHERS FOR 81 HAMBURGER HEAVEN**





# Jump Back Up July 2023

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Take a small step to help overcome a problem or worry

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

3 Be willing to ask for help when you need it

4 Find something to look forward to today

5 Get the basics right: eat well, exercise and go to bed on time

6 Pause, breathe and feel your feet firmly on the ground

7 Shift your mood by doing something you really enjoy

8 Avoid saying "must" or "should" to yourself today

9 Put a problem in perspective by seeing the bigger picture

10 Reach out to someone you trust and share your feelings with them

11 Look for something positive in a difficult situation

12 Write your worries down and save them for a specific 'worry time'

13 Challenge negative thoughts. Find an alternative interpretation

14 Get outside and move to help clear your head

15 Set yourself an achievable goal and take the first step

16 Find fun ways to distract yourself from unhelpful thoughts

17 Use one of your strengths to overcome a challenge today

18 Let go of the small stuff and focus on the things that matter

19 If you can't change it, change the way you think about it

20 When things go wrong, pause and be kind to yourself

21 Identify what helped you get through a tough time in your life

22 Find 3 things you feel hopeful about and write them down

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgmental and be kind instead

26 Catch yourself over-reacting and take a deep breath

27 Write down 3 things you're grateful for (even if today was hard)

28 Think about what you can learn from a recent problem

29 Be a realistic optimist. Focus on what could go right

30 Reach out to a friend, family member or colleague for support

31 Remember we all struggle at times - it's part of being human



ACTION FOR HAPPINESS

Happier · Kinder · Together



## Summer Art Challenge

Why not try some of these art challenges over the next few weeks and the summer holiday!

create artwork using only dots	draw a self-portrait using only straight lines	design a birthday cake	make a Zentangle doodle	make a map of an imaginary world
write your name in fancy fonts	make your own paint (mud, coffee, berries) and use it to create	research your favourite artist	visit <a href="http://tatekids.org">tatekids.org</a> and create using Tate Draw	create an imaginary creature
design a house of the future	create a sculpture using junk	go on a texture hunt	design an outfit for a celebrity	make a continuous line drawing
create a mini masterpiece on a post-it note	use leaves and other natural resources to create artwork	create a colour wheel	experiment with line types, how many can you create?	use newspapers and/or magazines to create a collage.
create some botanical art, looking closely at detail	create a comic strip	paint or draw a picture outside	draw the view from a window	your choice!

## Summer Reading Challenge

Will SDS be the overall winning school again this year and receive the winner's cup?

In order to be the winners, we need as many of our children to finish the challenge and 6 books from the library during the holidays



## Summer Reading Challenge

Go to Hunsbury Library to join the summer reading challenge which happens during the summer holidays in the Library every year.

This year's summer reading challenge is called the 2023 **Ready Set Read**  
Do you know how much it costs to join the Summer Reading Challenge? **Its Free!**  
Do you know how much it costs for an activity? **Its Free!**

It's also free to join the library and borrow up to 20 books. So, if you are not a member all you need to do is go to the Library counter, with your parent/carer and ask to join, you can also join on-line. You will then be given your own card to borrow the books.

### **Summer Reading Challenge 2023 Ready Set Read**

When you finish the Ready Set Read Challenge you get a medal and certificate.  
You can read any **6 books** you like so long as they are from the library. The challenge starts on **July 8<sup>th</sup>** and finishes on **September 10<sup>th</sup>**, so you have plenty of time to read the books over the holidays.

Now this is very important, the school with the most children finishing the challenge in the area will be presented with a SRC finishers Cup. Simon de Senlis won for the last two years!!  
Do you think that we can win again this year?



## Return of school books

Please return all School books  
(class library, library and 15 books) by  
Friday 14th July.

If you have misplaced any of these books,  
please let your class teacher know.

## Thunk of the Week

A **thunk** is an **unusual question** that makes you **think**. A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



**A hot day, rainy day,  
snowy day...  
Which is your  
favourite weather  
and why?**





## School Mental Health Leads

### Ms Cunningham and Miss Garrard are the Mental Health Leads at Simon de Senlis

If you have any worries or concerns about any aspect of your child's mental wellbeing please speak to your child's class teacher or contact us in school.



Laura Cunningham

Inclusion Leader  
Deputy Designated Safeguarding Lead  
Mental Health First Aider



Hannah Garrard

Family Support Worker  
Deputy Designated Safeguarding Lead  
Mental Health First Aider



SIX WEEK WORKSHOP PROGRAMME

## WELLBEING WEDNESDAY WORKSHOPS

"Hour long sessions of doodling, scribbling, writing and dropping into creative flow. This session will help you to download your mental inbox, clearing your mind, taking you to a place of relaxation. You might create some art or poetry, or just some scribbles and words...whatever the outcome, you will leave 6 weeks of sessions with a sense of pride in your creative self."

To sign up contact our Wellbeing Coordinator, Chelsea at [chelseabuswell@thelowdownnorthampton.co.uk](mailto:chelseabuswell@thelowdownnorthampton.co.uk) or call 01604 634385

[www.thelowdown.info](http://www.thelowdown.info)

Supported by



SIX WEEK WORKSHOP PROGRAMME

## WELLBEING WEDNESDAY WORKSHOPS

Word Guerrilla's  
'De-Tension'  
Creative Writing  
Workshop for  
11-18 year olds.



Time:

5:15pm - 6:15pm

Dates:

Sessions start -7th June then

21st June, 28th June,  
5th July, 12th July,  
and ends 19th July

Location:

the lowdown, 3 Kingswell  
Street, Northampton  
NN1 1PP

To sign up contact our Wellbeing Coordinator, Chelsea at [chelseabuswell@thelowdownnorthampton.co.uk](mailto:chelseabuswell@thelowdownnorthampton.co.uk) or call 01604 634385

[www.thelowdown.info](http://www.thelowdown.info)



Supported by

## WELLBEING DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support,  
we're here to listen and help in your time of need.

### Monday's & Friday's 4pm - 8pm

the lowdown, 3 Kingswell Street, Northampton,  
NN1 1PP - 01604 634385

### Tuesday's 4pm - 8pm

Youth Works at Corby Mind, 18 Argyll St,  
Corby, NN17 1RU - 01536 518339

### Tuesday's 4pm - 8pm

Service Six, Raunds Methodist Church,  
Brook Street, Raunds  
NN9 6LP - 01933 277520







NPFG  
Northants Parent Forum Group

## YOUR WELLBEING MATTERS



 **Northampton MIND**  
28th June 2023

 **Corby MIND**  
12th July 2023

 **Wellingborough MIND**  
11th September 2023

 **Towcester MIND**  
14th September 2023

 **10:00–14:00**

 **Free Lunch Provided**

### WHATS ON OFFER!

- Mindfulness
- Mental Health Services
- Local Carers support
- Anxiety Workshops
- Health and well-being
- Community Services
- Time for you....

**IN PARTNERSHIP WITH**



**mind**  
Northamptonshire

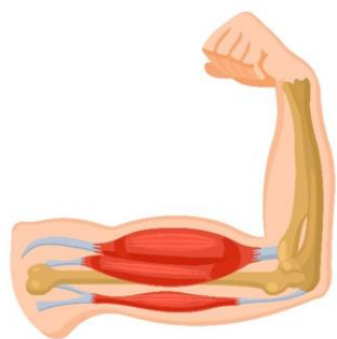
**OPEN TO ALL  
PARENT/CARERS  
OF YOUNG PEOPLE WITH  
S.E.N.D**

Miss Garrard says....

At Simon de Senlis we are taking part in Healthy Eating Week, and I thought it would be helpful to share some resources that you might like to try at home. This week's focus is on ensuring we have enough protein in our diet.

## Vary your protein – be more creative

Why do we need protein foods?



To help muscles and bones grow.

What foods provide protein?



What foods can you see here?



## Vary your protein – be more creative

We should vary our protein and have protein foods from plants more often.



Can you name these protein foods from plants?



Red lentils



Black eyed beans



Red kidney beans

Which of these have you tried?



Chickpeas



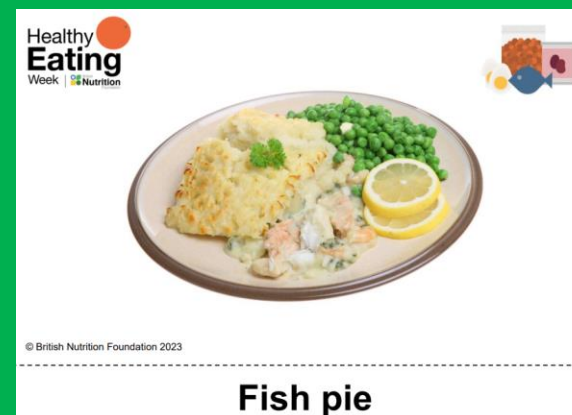
Pinto beans





Miss Garrard says....

Here are some high protein meal ideas that you may want to try at home.



Miss Garrard says....

## THE INFLUENCE OF ANDREW TATE

Please read this information around the Influence of Andrew Tate amongst children.

There is lots being shared, particularly on TikTok about Andrew Tate. Please continue to monitor your child's online activity.

### WHY IS HE SO CONTROVERSIAL?

Tate has become infamous due to a string of controversial comments and behaviours, such as promoting gendered violence and misogyny, claiming mental illness makes people 'weak' and depression 'isn't real', and stating that rape victims must 'bear some responsibility' for their attacks.

Tate has made many controversial statements that have caught the public's attention, including 'Men can cheat but women can't. It's not sexist – it's reality.'

Tate regularly references the 'Matrix', his theory being that society is controlled by the rich elite. Politicians, media and education providers would all come under this umbrella too.

He has been banned from social media platforms and was arrested in Romania in December 2022 on suspicion of human trafficking, rape, and forming an organised crime group to exploit women.

### WHO IS ANDREW TATE?

Andrew Tate is an American-British professional kickboxer turned internet personality. He is a self-described 'success coach' and has a subscription-based online marketing programme called 'Hustler's University' or 'The Real World' with over 100,000 subscribers.

### WHY ARE YOUNG PEOPLE DRAWN TO THIS BEHAVIOUR?

As much as Tate is known for his controversial comments, he also likes to be motivational, encouraging his followers to work hard and go after their dreams, to work out and be disciplined. He has spoken of the difficult childhood he endured and how he is 'self-made'. He speaks of his experiences in a way that a lot of young people can relate to and in turn, they aspire to be like him.

Miss Garrard says....

THE INFLUENCE  
OF ANDREW TATE

Top Tips taken from 'SaferSchools' around addressing Andrew Tate with your children, should this be something you need to do:

**Keep the focus on the behaviour, not the person.** Andrew Tate represents wider issues around consent, gender roles, violence and toxic masculinity. By focusing on these behaviours rather than Tate himself, you may encounter less defensiveness and more understanding.

**Remind them they don't need to follow the crowd.** Explain the importance of making their own mind up on issues by discussing their core values and what's important to them. It may be worth reminding them that not everything they see online is correct or helpful and that they have the freedom to make a different choice.

**Discuss positive role models.** Listen to pupils' suggestions for positive role models who they look up to in their lives and their reasons why. Use the opportunity to end the discussion positively by affirming and reinforcing good choices.

## RED FLAGS TO WATCH OUT FOR:



Referring to  
the 'Matrix'



Attempting to  
justify harmful  
behaviours



Notable and  
negative change  
in behaviour



Using harmful or  
derogatory phrases  
in conversation



Being physically  
violent towards  
females



Disrespecting female  
authority figures or  
classmates



# Online Safety Newsletter

July 2023

## Quora

Quora should only be accessed by users that are 13+. Quora is a question-and-answer site. You do need to set up an account to see and post replies.

Due to the nature of the site, users can communicate with strangers, either through the Q&A boards, spaces or via private messages. Private messaging can be turned off in settings and users can block other users.

Quora is a platform where users can post publicly. If your child is using this site, then please ensure your child understands that they should not share personal information. As content is user generated, talk to your child about how information they read online may not be factually correct. Your child may also come across content and topics that are not age appropriate.

You can find out more about the safety and security of Quora here: <https://help.quora.com/hc/en-us/sections/115001205786-Safety-Security>

## Reporting to Social Media Sites

CEOP provide an overview of how to contact several different social media sites: <https://www.thinkuknow.co.uk/parents/articles/Reporting-to-social-media-sites>

## Safe Searching

There is so much online that we would not want our child to view and even an innocent search can result in inappropriate content being seen. To make our child's online world safer, we would firstly recommend switching on Safesearch settings for the search engine your child uses. **However, as not all search engines allow you to 'lock' Safesearch on (so users may be able to simply turn it off),** we would encourage you to apply further parental controls.

For some search engines, for example Google, you can set up a Family management account, which will ensure that Safesearch settings cannot be switched off. We would recommend using a family management account (either Google or Microsoft) so even if your child is using a search engine that cannot be locked, there will at least be an additional level of content filtering provided.

In addition to the above, make sure you have set up appropriate parental controls on your home broadband (and any consoles/ devices/ apps/ websites that your child uses/accesses) for example, to restrict access to explicit websites or access to websites that are not suitable for children.

**Please remember that no filtering/ parental control is 100% safe, so it is important that you talk to your child about how they can stay safe online and that they should talk to you or another trusted adult if they need to.**

CEOP have produced an article exploring what you could do if your child sees something inappropriate online:

<https://www.thinkuknow.co.uk/parents/articles/what-to-do-if-your-child-has-seen-something-inappropriate-online/>

## Further information

Parent Zone have published an article to help you understand searching in more detail:

<https://parentzone.org.uk/article/search-engines>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 1.7.23.



## Online Challenges

Our children may not have developed the skills and ability to critically analyse all situations yet so it is important to talk to your child about hoaxes and challenges that may appear on the internet. Some challenges are fun and provide no risk, however there will be challenges that are risky/dangerous. Your child may see others complete certain challenges online without being harmed and therefore may want to repeat them **and not consider the potential risks to themselves.** Make sure they know that they should talk to you (or another trusted adult) about what they see online, particularly if they plan to try a challenge or if something scares or upsets them.



We would always advise that if your child has not heard about an online challenge, then do not draw attention to it as this may lead to them searching for it out of curiosity, so just talk about challenges in a general sense. **Reassure your child that challenges that suggest that bad things will happen if they do not complete the tasks are not real.**

The following link will provide you with further information as well as content to help you talk to your child:

<https://www.internetmatters.org/connecting-safely-online/advice-for-parents/tackling-the-hard-stuff-on-social-media-to-support-young-people/online-challenges-are-they-harmless/>

TikTok have also produced this resource to help you talk to your child about challenges and the potential risks:

<https://www.tiktok.com/safety/en-sg/online-challenges/>

## Summertime

As we head into the summer holidays, we may find our children our online more or having more screen time. Childnet have produced this blog, which includes how to help your child with managing their screen time: <https://www.childnet.com/help-and-advice/screen-time-boundaries-parents/>



You may also be looking for activities to do with your child. Google and Parent Zone have produced some great resources that are free to download. They include a mix of online and offline activities, such as asking them to create a poster to show what they would do if they were worried about something they see online. You can access all the resources here:

<https://www.parents.parentzone.org.uk/download>

## Vinted scams

Have you used Vinted to buy and sell used clothes? Please be aware of potential scams. Vinted have published an article highlighting how scammers might target Vinted users and how you can protect yourself. You can read the full article here:

<https://www.vinted.co.uk/help/628-recognise-spoof-and-phishing-messages>

## Children's Online Safety Test

Virgin Media have created four different Internet Safety Tests around four key topics to help you learn more about the internet and different terms that you might come across such as catfishing. You can access them here:

<https://www.virginmedia.com/blog/online-safety/childrens-internet-safety-test/>

## What is Virtual Reality

Did you know that many VR headsets have a minimum age rating of 13?

Childnet have produced this article detailing what virtual reality is and the considerations that you should consider before using:

<https://www.childnet.com/blog/virtual-reality-a-guide-for-parents-and-carers/>





# School's out for summer!

## It's always best to be prepared

During the summer holidays, without the distraction of school, internet usage for many young people can increase all the way up to September. This guide is designed to help parents with a realistic approach to help keep their children safe when using the internet, social media and playing online games. Please click on each image below for more information.



A Parent's Guide to Social Media



A Parent's Guide to Sharing Pictures



A Parent's Guide to Gaming



A Parent's Guide to Live Streaming



A Parent's Guide to Online Grooming



A Parent's Guide to Online Influencers



A Parent's Guide to Fake News



A Parent's Guide to Privacy Settings

**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

**Parents** please contact your school if you would like to attend a parents internet safety workshop or have any concerns.

**Schools** please [contact us](#) if you would like a SKIPS Safety Net session delivered to your parent groups or staff.

### Skips Educational

Web: [www.skipssafetynet.org](http://www.skipssafetynet.org)  
Email: [info@skips.com](mailto:info@skips.com)  
Tel: +44 121 227 1941

142 Newton Road  
Great Barr  
Birmingham B43 6BT

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Developed in partnership with



**Skips**

Keeping children safe online

[www.skipssafetynet.org](http://www.skipssafetynet.org)



# **A REQUEST FROM THE FRIENDS OF SDS**

On Saturday 8th July, the School Fete will be held on the playground and school field. We have many exciting stalls this year, both old favourites and new ideas. It would be lovely to see you at this great school community event.

If you have anything that would could be sold on the Bric-a-Brac stall, please contact the school office to arrange the best way to bring it in to school this week.

We are hoping to have a small stall to sell plants- if you have any spare seedlings, whether vegetable, fruit or flowers, please send them along to school on Friday for us to sell on this stall.

To make the fete a success, it is vital we have helpers.

Any time you are able to spare will be much appreciated. Please do come along.



Book your tickets on Parentmail.

July 11th- for Players families only.

July 12th at 6pm will be an evening of laughter and fun for all families across school. It's going to be a great show!

SIMON DE SENLIS PRIMARY

THURSDAY  
13TH  
JULY

# *Summer* DISCO

*Reception,  
Year 1, Year 2,  
Wiggins Class*

3:30pm – 4:30pm

Tickets available via Parent Mail £3.00

Friends of Simon de Senlis





THURSDAY 13TH JULY

4:45PM - 5:45PM

# SCHOOL DISCO

**SIMON DE SENLIS  
YEAR 3 & YEAR 4**

TICKETS AVAILABLE VIA PARENT MAIL - £3.00 EACH

SIMON DE SENLIS



**THURSDAY  
13TH JULY  
6PM - 7PM**

YEAR 5  
YEAR 6  
ROBINSON CLASS

TICKETS AVAILABLE VIA PARENT MAIL - £3.00 EACH

FRIENDS OF SIMON DE SENLIS



## **Are you looking for part time job?**

**We are looking to recruit a reliable and committed Lunchtime Supervisor to join our hard-working team. The successful candidate will be able to work effectively as a member of the team, have excellent interpersonal skills and consistently support the school values and approaches.**

**Start date September.**

**Days of work: Monday – Friday**

**Starting salary: Grade C, Point 2 (£22,367 FTE – pro-rata). Hourly rate  
£11.59**

**Contract: Permanent, 5 hours per week (term time only – 38 weeks per  
year)**

**If you are interested and would like more details or would like to apply please  
email: [info@simondesenlis.org](mailto:info@simondesenlis.org)**

# YEAR 6 LEAVERS PARTY

## LEAVERS PARTY 2023!



**SATURDAY 22ND  
JULY 2023  
6PM TO 9PM**



**GRANGEWOOD  
RESIDENTS CLUB  
50 BARN OWL CLOSE  
NN4 0UA**

**TICKETS  
£15 EACH**

**INCLUDES DISCO,  
HOT FOOD,  
AND LEAVER'S GIFT!**

**Tickets available to buy from the Year 6 Classroom doors on:  
Friday 26th May and Friday 16th June. Cash only.**

**If you need to arrange a different payment method or ticket collection please email [year6plans@hotmail.com](mailto:year6plans@hotmail.com)**

**Disclaimer: This event is organised by parent volunteers and we are not responsible for your child.**



# NORTHAMPTON TENNIS COACHING



## OUR SUMMER MULTIACTIVITY CAMPS ARE BACK!

### NORTHAMPTON TENNIS CLUB

24th - 28th July  
7th to 11th August  
21st to 25th August

### KETTERING TENNIS CLUB

31st July to 4th August  
14th to 18th August

### BRIXWORTH TENNIS CLUB

7th to 11th August  
21st to 25th August

### COLLINGTREE TENNIS CLUB

31st July to 4th August  
14th to 18th August



**PLEASE BOOK VIA OUR APP,  
SEARCH NORTHAMPTON TENNIS COACHING  
ON APP STORE OR GOOGLE PLAY STORE.**



For enquiries, contact: 07738476680 [northamptontenniscoaching@gmail.com](mailto:northamptontenniscoaching@gmail.com)

# NORTHAMPTON TENNIS COACHING



## WIN A FREE MULTIACTIVITY CAMP PLACE FOR YOUR CHILD FOR A YEAR

WORTH  
£1000

We're giving away a year's worth of multiactivity camps to one lucky winner in our grand prize draw.

That's 2 weeks of tennis, football, cricket, frid-golf, Tae-kwon-do, netball, cake making, first aid for children, archery and more to be won. Child-care throughout the holidays - SORTED!



SCAN ME  
TO ENTER



**PLEASE BOOK VIA OUR APP,  
SEARCH NORTHAMPTON TENNIS COACHING  
ON APP STORE OR GOOGLE PLAY STORE.**



For enquiries, contact: 07738476680 [northamptontenniscoaching@gmail.com](mailto:northamptontenniscoaching@gmail.com)



# World Cup

## FEMALE FESTIVAL

WELLINGBOROUGH  
OLD GRAMMARIANS  
NN8 6BS

SUNDAY 23RD  
JULY 2023

10AM - 4PM



### Tournament

5-A-SIDE

U9 | U11 | U13

9-A-SIDE

U15

EARLY BIRD  
OFFER  
£20  
P/TEAM  
UNTIL 23/04

### Skill Sessions

5-11 YEAR OLDS

FREE! SIGN UP  
HERE!

ENTER HERE!



FALCON FRANKIE | BOUNCY CASTLE | FACE PAINT | STALLS | REFRESHMENTS

For more information please contact: [Harley.Collyer@NorthantsFA.com](mailto:Harley.Collyer@NorthantsFA.com)



# Female FOOTBALL OPPORTUNITIES

There are a number of different opportunities  
for females to play football around  
Northamptonshire

## OPPORTUNITIES

WILDCATS | SQUAD GIRLS'  
GRASSROOTS | RECREATIONAL  
WALKING FOOTBALL

5-11 YEAR OLDS



12 YEARS OLD +



Scan here!

[www.northantsfootball.com/femaleopportunities](http://www.northantsfootball.com/femaleopportunities)





*James Saunders Watson*  
*Lord-Lieutenant of Northamptonshire*

ROCKINGHAM CASTLE  
MARKET HARBOROUGH  
LEICESTERSHIRE  
LE16 8TH

*Telephone: 01536 770240*

31<sup>st</sup> May 2023

Dear Head

**Coronation Art Competition**

As His Majesty's Representative in Northamptonshire, I am delighted to invite all the County's schoolchildren of all ages to enter the Coronation Art Competition. The Coronation of King Charles III was a unique and historical event and we hope the colourful and exuberant imagery will provide great inspiration to our young people. We are counting on schools to encourage and support what should be a fun and interesting project.

Please find attached the flyer with details of the art competition - all entries to be submitted online by 30th August 2023. There will be four age categories with a cash prize of £100 per category, to be awarded at the final exhibition. The top ten contestants in each category will be invited to exhibit their art works at the final exhibition, to take place at The Stables at Lamport Hall on Thursday 26th October. All entrants and their families will be welcome to visit the exhibition, which will run over the weekend until Sunday 29th October.

We are looking forward to receiving some wonderful and colourful submissions.

With best wishes

Yours sincerely



 **CORONATION  
ART COMPETITION  
2023**

**We want to know what  
inspired you about the  
King's Coronation!**

Create a work of art based on your take of the Coronation and submit any time from **6th May to 30th August 2023** by sending an image of it by email to **coronationart@outlook.com**

There will be an exhibition of works during half term in October 2023. Final judging will take place and a prize of £100 per category will be presented by The King's Representative in the County, the Lord-Lieutenant of Northamptonshire.

**How to submit...**

**Title of the piece**  
'Coronation Art'

**Mediums you can use**  
Entries are to be on a flat surface (canvas, paper, board, etc), **up to A3 in size** and can include oil or water-based paint, pencil, pastel, crayons, collage and photography. Computer graphics and writing/poetry are also included.

**Age Categories**  
4-6, 7-9, 10-12, 13-16.

**How to submit**  
Scan your entry and send it with a high res image (max 10Mb) by email to **coronationart@outlook.com**. Please include your name, your age, your school and the school's postcode.

All entries must be submitted by **30th August 2023**.

There will be a prize of £100 and a certificate for the winner of each category.

The top ten entries in each age group will be invited to take part in the final exhibition and judging.

 West Northamptonshire Council  North Northamptonshire Council



<span style="background-color: #ADD8E6; border: 1px solid black; display: inline-block; width: 20px; height: 10px;"></span> Pupil Days	<span style="background-color: #FFFF00; border: 1px solid black; display: inline-block; width: 20px; height: 10px;"></span> Bank Holidays
<span style="background-color: #FF69B4; border: 1px solid black; display: inline-block; width: 20px; height: 10px;"></span> School Holidays	<span style="background-color: #6A5ACD; border: 1px solid black; display: inline-block; width: 20px; height: 10px;"></span> Teacher Training Days

## NPAT Academic Calendar 24/25

**Teacher Training Days**  
 Monday 2 September 2024  
 Tuesday 3 September 2024  
 Monday 4 November 2024  
 Monday 24 February 2025  
 Monday 2 June 2025

September 2024						
Mon		2	9	16	23	
Tues		3	10	17	24	
Wed		4	11	18	25	
Thu		5	12	19	26	
Fri	30	6	13	20	27	

October 2024						
Mon	30	7	14	21	28	
Tues	1	8	15	22	29	
Wed	2	9	16	23	30	
Thu	3	10	17	24	31	
Fri	4	11	18	25		

November 2024						
Mon		4	11	18	25	
Tues		5	12	19	26	
Wed		6	13	20	27	
Thu		7	14	21	28	
Fri	1	8	15	22	29	

December 2024						
Mon	2	9	16	23	30	
Tues	3	10	17	24	31	
Wed	4	11	18	25		
Thu	5	12	19	26		
Fri	6	13	20	27		

January 2025						
Mon		6	13	20	27	
Tues		7	14	21	28	
Wed	1	8	15	22	29	
Thu	2	9	16	23	30	
Fri	3	10	17	24	31	

February 2025						
Mon	3	10	17	24		
Tues	4	11	18	25		
Wed	5	12	19	26		
Thu	6	13	20	27		
Fri	7	14	21	28		

March 2025						
Mon		3	10	17	24	31
Tues		4	11	18	25	
Wed		5	12	19	26	
Thu		6	13	20	27	
Fri		7	14	21	28	

April 2025						
Mon		7	14	21	28	
Tues	1	8	15	22	29	
Wed	2	9	16	23	30	
Thu	3	10	17	24		
Fri	4	11	18	25		

May 2025						
Mon		5	12	19	26	
Tues		6	13	20	27	
Wed		7	14	21	28	
Thu	1	8	15	22	29	
Fri	2	9	16	23	30	

June 2025						
Mon		2	9	16	23	
Tues		3	10	17	24	
Wed		4	11	18	25	
Thu		5	12	19	26	
Fri		6	13	20	27	

July 2025						
Mon	30	7	14	21	28	
Tues	1	8	15	22	29	
Wed	2	9	16	23	30	
Thu	3	10	17	24	31	
Fri	4	11	18	25		

August 2025						
Mon			4	11	18	25
Tues			5	12	19	26
Wed			6	13	20	27
Thu			7	14	21	28
Fri		1	8	15	22	29



***7<sup>TH</sup> JULY  
2023***

**SOME  
NEWS FOR  
OUR  
CHILDREN**





**Should everyone learn the  
Countryside Code?**



Shoun + Sheep  
x  
The Countryside Code  
RESPECT • PROTECT • ENJOY





## Let's look at this week's story

A new UK government campaign hopes to encourage young people to 'respect, protect and enjoy' the countryside. The campaign follows new research from Natural England, which shows that 80% of children and young people agreed that looking after the environment was important to them, and 83% said they wanted to do more to look after nature and wildlife. The well-known cartoon character, Shaun the Sheep is the new face of the Countryside Code.



**Picture  
News**



**The Countryside Code Competition**

# The Countryside Code Competition

We've teamed up with Natural England (and Shaun the Sheep!) to launch a special poster competition.

**Design a poster to promote the Countryside Code featuring Shaun the Sheep and friends.**

**Things you might want to include:**

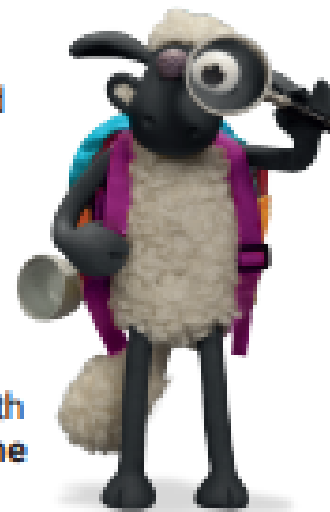
- What is the Countryside Code?
- Top tips and advice for when you're outdoors.
- Can you create a new character to make friends with Shaun?

**Closing date: Friday 14th July, 12pm**

Winners announced on Thursday 20th July and will be contacted by email.

Age-related prizes available and winners of the competition will receive a Picture News goody bag, certificate and will have their poster featured on all the Countryside Code's official media channels.

To enter, submit your design with your **name, age and school name** to: [help@picture-news.co.uk](mailto:help@picture-news.co.uk)



With very special guest judge  
**Marian Spain,**  
Chief Executive, Natural England.



## 3D-Printed Rocket Engine



Pictured: Image of the Skyrora XL Source: Skyrora Twitter page

Rocket firm, Skyrora, has confirmed that it has started tests on 3D-printed rocket engines, that could power UK space launches in the future! The tests will be carried out at the biggest rocket testing facility in the UK, in Midlothian, on the site of a disused quarry. The Edinburgh-based business that designs, manufactures, and deploys rockets Tweeted, 'We've officially commenced tests to qualify the updated design of our 70 kilonewton engine for commercial use on #SkyroraXL! Produced via our #Skyprint2 printer, the new model can now be manufactured 50% faster at a cost reduction.' The company

says its Skyprint2 3D printer, which is being used to produce the rocket engines, 'has the unique capability of printing multi-composite parts simultaneously from several materials.' It also states that in the future, it will be able to print in outer space! The Skyrora XL is a three stage, light class launch vehicle designed to place payloads into Polar Orbit (between 200km and 1,000km) and Sun-Synchronous Orbit (between 500km and 1,000km). The payload of a rocket will vary depending on the mission; it could be a satellite, space probe, or spacecraft.

## One Million Books Gifted

London-based charity, Children's Book Project, has recently celebrated the massive achievement of gifting its millionth book! The charity states on its website that it was set up to match families that have grown out of their books with those that have few books at home. Founder of the Children's Book Project, Liberty Venni, said, 'The joy a book can bring to a child is such a special thing. Thanks to the commitment of our volunteers, supporters, publishers and the wider book buying community - we are able to spread that joy far and wide'. The volunteer-powered charity, that was started 10 years ago, works with over 500 primary and secondary schools all over the nation.

The charity is extremely grateful for the new books that are donated by children's publishers, but Liberty says they are very focused on rehoming preloved books too. She explained that, 'We are especially passionate about finding homes for the thousands of pre-loved books in children's bedrooms that have provided such pleasure to their current owner, but whose time has now come for a new reader.' The organisation hopes, over time, to create 'book rich' communities that can swap and share their own books. **Do you have any books you have grown out of that you would like to donate to someone else? Do you know anywhere that books can be donated and reused?**



Pictured: Volunteers sorting books in Leeds for the Children's Book Project  
Source Children's Book Project Twitter page



# Diving Discovery



**Pictured:** 4oceans divers cleaning up at the bottom of the ocean and members of the clean-up crew working at the surface.  
**Source:** 4oceans Twitter page

A diver has found a phone at the bottom of the ocean, still in working order and has managed to return it to its owner! Alex Schulze, CEO of 4ocean, an ocean clean-up company dedicated to ending the ocean plastic crisis, found a new iPhone in a waterproof bag whilst cleaning the ocean floor. The phone, found off the coast of Florida, USA, was also inside a waterproof case. The team were able to recover, charge it enough to turn the device on, and get in touch with the owner's emergency contact. The phone could then be returned to its grateful, rightful owner. The diving

clean-up crews say they find lots of phones amongst the debris they remove from the ocean, but this case was unusual as the phones tend to be waterlogged and no longer able to turn on. 'We're always stoked about the work we do cleaning the ocean,' said Alex, 'But it's even better to make someone's day by returning what's important to them!' 4ocean has worked to remove over 13.1 million kg of plastic from oceans, rivers, and coastlines in the US, Guatemala, and Indonesia. A video telling the story has even become a TikTok sensation, reaching over three million views.

## Last week's topic: How has travel changed our lives?

It has made the world better. People can see and do things they couldn't before.

JP



Travel has meant we understand each other better.

Franny

I believe that it has made the world seem smaller.

John

I like to travel by car and train because it is fun.

Gordon

## Let us know what you think about this week's news?



[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



[help@picture-news.co.uk](mailto:help@picture-news.co.uk)



[@HelpPicture](https://twitter.com/HelpPicture)



Picture News Ltd,  
Colber Lane,  
Bishop Thornton,  
Harrogate,  
North Yorkshire, HG3 3JR

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)





# TAKEHOME



## Should everyone learn the Countryside Code?



## In the news this week

A new UK government campaign hopes to encourage young people to 'respect, protect and enjoy' the outdoors. The campaign follows new research from Natural England, which shows that 80% of children and young people agreed that looking after the environment was important to them, and 83% said they wanted to do more to look after nature and wildlife. The well-known cartoon character, Shaun the Sheep is the new face of the Countryside Code.

### Things to talk about at home ...

- > Share what you know about the Countryside Code and ask an adult at home what they know. Ask them where they've visited before and what they remember about their experiences.
- > Share your thoughts on the Shaun the Sheep campaign. Do you feel it is a good idea to help young people understand the Countryside Code?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)





# Reflection



The Countryside Code is designed to ensure everyone is able to enjoy the outdoors in harmony with wildlife, the environment and the people who work and live there.

