



## Designated Safeguarding Lead



**Joanne Fennelly**  
Headteacher

### Deputy Designated Safeguarding Leads



**Jennifer de Board**  
Assistant Headteacher



**Laura Cunningham**  
Inclusion Leader



**Hannah Garrard**  
Family Support Worker



**Natalie Richards**  
EYFS Lead

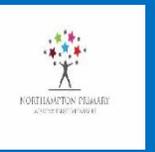
**Northampton Safeguarding Children's Board (NSCB) Tel: 0300 126 1000**  
Email: [nscb@northamptonshire.gcsx.gov.uk](mailto:nscb@northamptonshire.gcsx.gov.uk)

## Dates for your Diary

Date	Year group	Event
2nd October until 20th October	Whole School	Donations for The Hope Centre- dried foods and toiletries
9th October	Prospective Parents for 2024	Open morning for Prospective Parents of Reception children for September 2024 at 9:30am
13th October	Whole School	Short Reports to all parents and carers
17th & 19th October	Whole School	Parents Evening. Booking opened 5th October. The Book Fair and Jules at Home will be in school.
18th October 2:30pm	Year 3 Harvest Assembly	Year 3 parents invited to attend
19th October	Year – Reception only	Parents information session 08:45am – 09:30am

## Dates for your Diary

Date	Year group	Event
9th November	Year 4	Rainforest Roadshow
15th November	Year 5	National Space Centre
16th November	Prospective Parents September 2024	Open evening for prospective Parents for September 2024 at 6pm.
17th November	Assembly for Year 4 parents KS1 – 10:45 to 11:15 KS2 – 9:30 to 10:30	Assembly NMPAT Woodwind Quintet
5th December	Prospective Parents September 2024	Open Morning for prospective Parents for September 2024 at 9:30



Dear Parents and Carers,

Each Friday I look forward to the Star of the Week assembly and to visiting every classroom to share our poster for the week. The posters inspire us, and I am so proud to hear how the children take on board the message we discuss. Throughout the week, it is such a pleasure to chat to the children about the messages and to hear their ideas for the inspirational messages moving forwards! It is also wonderful to hear them using the messages to motivate each other. The children inspire me each day with their enthusiasm, creativity and self-assurance, it is amazing how much we, as adults, can learn from them! As the weather looks like it will continue to be bright and sunny over the next few days, I hope you have a lovely weekend and I look forward to seeing you next week.

Take care

Mrs Fennelly

## **Parents Evening / TLCs**

We will be holding our Termly Learning Conferences (TLCs) on:

Tuesday October 17<sup>th</sup>

Thursday October 19<sup>th</sup>

Appointments are available between 3:40pm - 6:20pm.

You will have received, via ParentMail, instructions on how to book.

To book your appointment please type the following into your browser:

**<https://simondesenlisorg.schoolcloud.co.uk/>**

# Simon de Senlis Primary School



## Reception Places Sept 2024

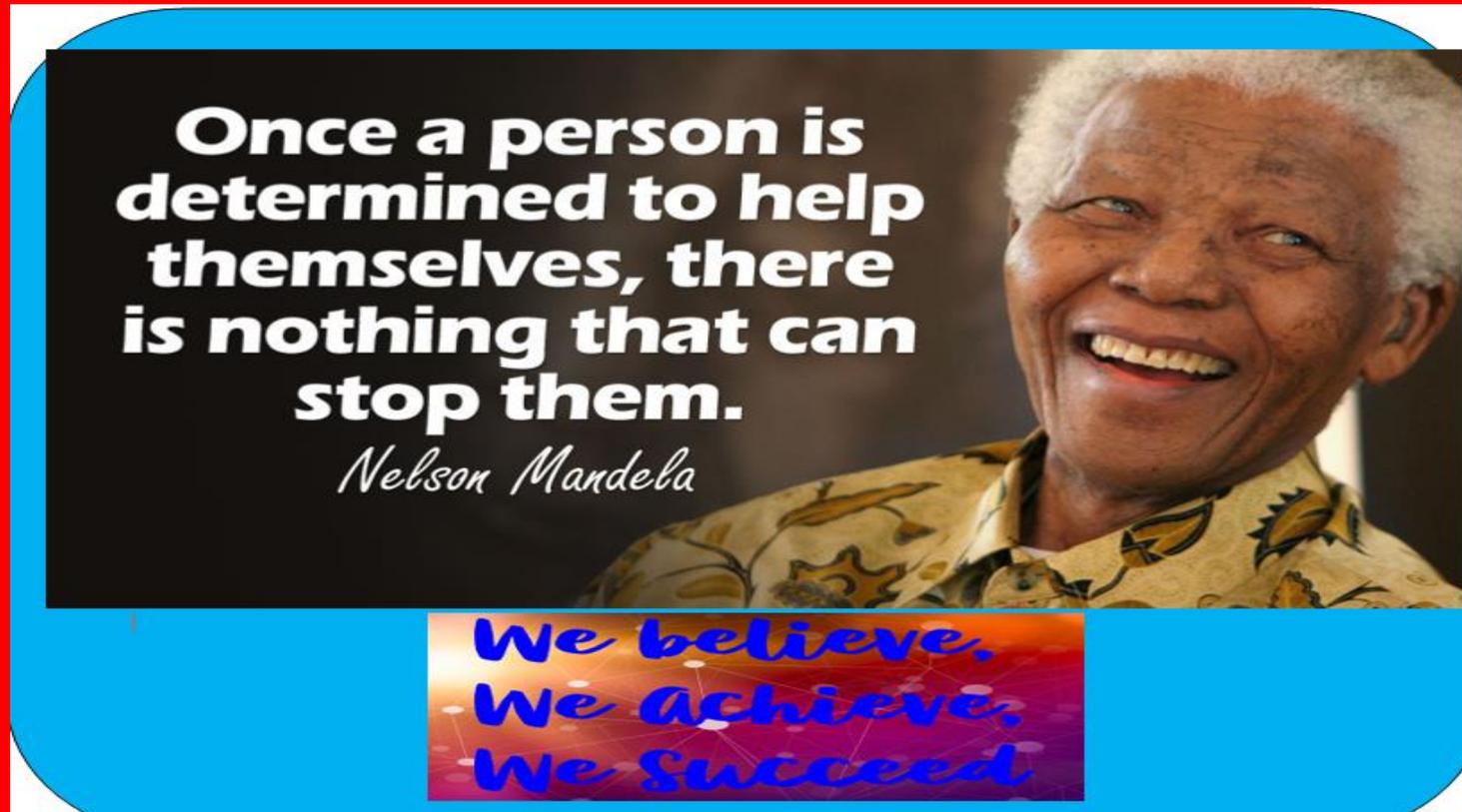
We invite you to visit our amazing school, to hear about our ethos and see our wonderful staff and children in our engaging learning environment.

September 28th 2023 at 6:00pm | October 9th 2023 at 9:30am  
November 16th 2023 at 6:00pm | December 5th 2023 at 9:30am  
January 8th 2024 at 6:00pm

Book your place at: [www.simondesenlis.org](http://www.simondesenlis.org)



## POSTER OF THE WEEK



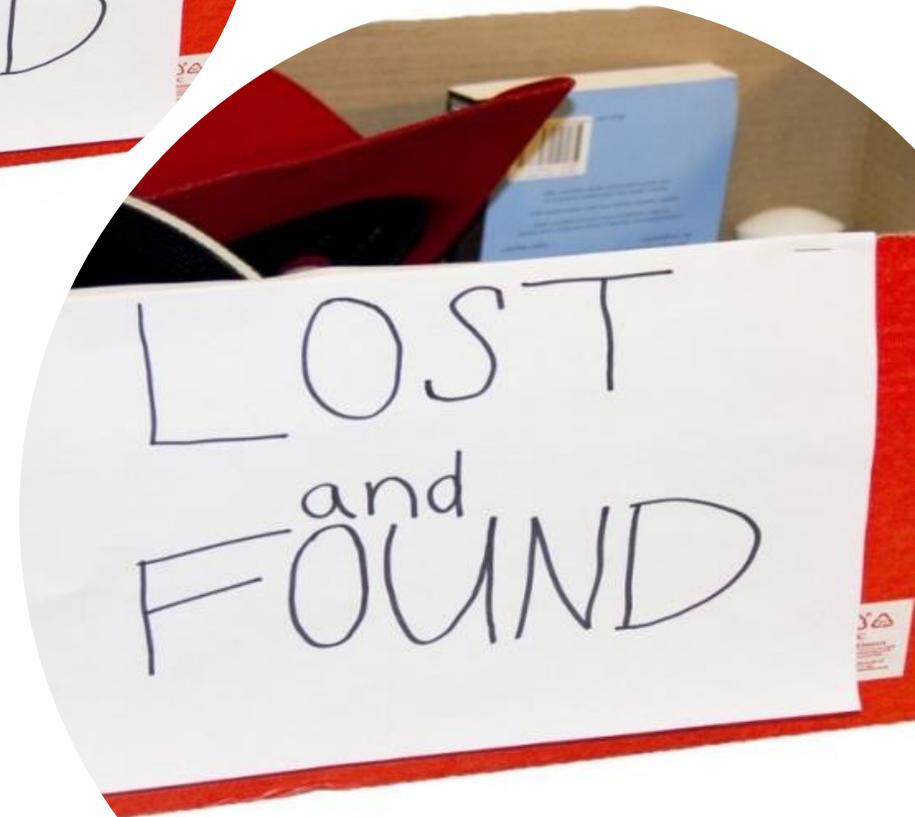
The poster this week comes from Nelson Mandela and his famous quote about determination. We are all determined and know that nothing can stop us to achieve!





We are looking for 2 Eco Captains per class. Do you have what it takes to make a difference? Applications to your teacher by Friday 13th for voting on the same day. Good luck!

**Please ensure you put your child's name clearly in all items that come into school.  
We have several items on our lost property rack unnamed.**





If your child is unwell, or going to be late, please leave a message on our absence line, option 1, by 08:30am.

A message must be left for every day of absence.

**Any episodes of sickness or diarrhoea an absence of 48 hours must be taken, please call the absence line each day.**

If your child is going to be absent for another reason, please complete a form available from the school office or on our website.



## **Are you looking for part time job?**

**We are looking to recruit a reliable and committed Lunchtime Supervisor to join our hard-working team. The successful candidate will be able to work effectively as a member of the team, have excellent interpersonal skills and consistently support the school values and approaches.**

**Closing date: 13th October**

**Days of work: Monday – Friday**

**Starting salary: Grade C, Point 2 (£20,441 FTE – pro-rata). Hourly rate £10.62 (pay review pending)**

**Contract: Permanent, 5 hours per week (term time only – 38 weeks per year)**

**If you are interested and would like more details or would like to apply please email: [info@simondesenlis.org](mailto:info@simondesenlis.org)**



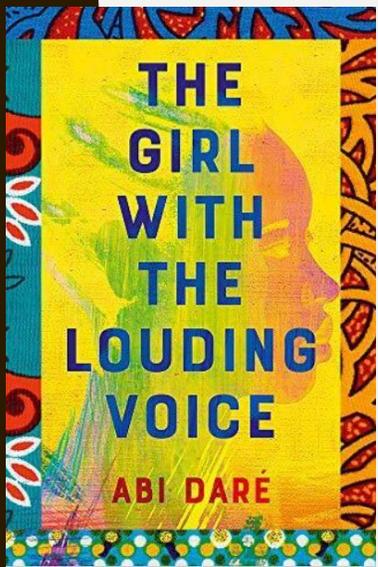
We have started the West Hunsbury Book Club in the spring in order to form a nice, local book-discussion group. The aim is to collectively read one book per month and then discuss it in a meeting over a cup of coffee/tea in a nice and accessible setting (so far Costa in Tesco Mereway proved to be the winner). There are no rules set in stone, mandatory reading or mandatory participation to the discussion.

In order to organise the offline meetings, we use the Facebook group called West Hunsbury Book Club which is easy to find through the search option. The group is visible (anyone can find it), but private (only members can see what is posted in the group).

You do not need to have Facebook to join

The book we are currently reading is called The Girl with the Louding Voice, written by Abi Dare.

We plan to discuss it on Saturday, 14 October 2023, between 3pm and 5pm at Costa in Tesco Mereway.



## What Parents & Carers Need to Know about

# AMONG US

A multiplayer 'social deduction' game set in outer space, Among Us enjoyed a surge in popularity in 2020, and has since maintained a dedicated fan-base (globally, around 60 million regular players each month) thanks to its unique nature, simple premise and ease of access across numerous platforms. The game's on-screen action revolves around danger, disguise and deception – and there are certain parallels to be drawn with some of the real-life risks that parents and carers of young Among Us players need to be aware of.



### WHAT ARE THE RISKS?

#### SENSITIVE PREMISE

In Among Us, up to three players are secretly assigned to be alien imposters, tasked with murdering their colleagues while the survivors try to unmask them. While the concept's not far removed from traditional games like Wink Murder or TV shows such as The Traitors, some parents may feel uncomfortable about their child playing a video game in which deception and killing are prioritised.

#### VIRTUAL VIOLENCE

The on-screen death of characters may be fundamental to the gameplay of Among Us, but the majority of the animations depicting this are deliberately cartoonish and only appear very briefly. However, it is worth bearing in mind that the game has a PEGI age rating of 7 – meaning that certain elements (however heavily stylised they may be) could still upset some younger players.

#### CHAT BETWEEN PLAYERS

With up to 15 people participating in each game online, a large part of Among Us' appeal is speculating with fellow players who the imposters might be and making accusations. This dialogue through the in-game text chat can occasionally become heated – and could, of course, involve your child being put into contact with people (including adults) who they don't know in real life.

#### GOING OFF PLATFORM

While Among Us provides basic ways to communicate, many gamers prefer to use external services such as Discord: a popular app which offers voice and video chat functions. These undeniably make cooperation easier, but also create a potential route for children to hear inappropriate language – or for strangers to message them privately in an environment which isn't regulated by the game itself.

#### IN-GAME PURCHASES

Among Us is free to download on mobile devices, and costs less than £5 to obtain on console and PC. A related longer-term pitfall, though, is that the game also includes options to pay for upgrades such as removing ads on the mobile version or adding cosmetic touches to characters (such as different costumes). It's certainly possible that a child could spend a significant sum without realising it.



## Advice for Parents & Carers

### CONSIDER SOFTER ALTERNATIVES

Although Among Us is hugely popular with young gamers, it's possible that some children might find the murder themes unsettling. If so, plenty of similar social deduction games are available (in both digital and traditional board game formats) which downplay the potentially grislier elements: some centre around undercover spies, for instance, and there's even a Marvel superhero-themed variant.



### CHAT ABOUT CHATTING

You might feel it's prudent to talk to your child about the risks associated with voice chat while gaming, explaining in particular that strangers online aren't always who they claim to be. Keeping the conversation relaxed will reinforce your child's confidence that they can always come to you with any online concerns – not just about Among Us, but any potential future issues as well.



### DISCUSS DISCORD

In general, Discord is an excellent app for keeping online communities together because of its use of dedicated individual servers, which allow comprehensive control over who can join – and who can't. Once you're familiar with the platform, you could set up a secure server for your child and their friends to communicate during games of Among Us, with no access for people they don't know.



### AMONG US, AMONG FRIENDS

When your child and their friends get together, they can enjoy a private game of Among Us by choosing a 'local' lobby – that is, only people connected to the same WiFi (your home network, for example) can enter. This prevents any random online users – who may be total strangers – from joining and removes the need for voice chat, as the players are all physically in the same location.



### STOP SURPRISE SPENDING

If you're concerned about the possibility of your child racking up an unexpected bill on Among Us' microtransactions, you could consider using a prepaid card with a set limit. Likewise, you could specify in the game's options that adult authorisation is required for every purchase – or you could make sure that no payment methods are enabled on the device that your child plays the game on.



### Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site DDBacon and has worked in the gaming media for around four years. A regular visitor to the App Store to try out new tools, he's also a parent who understands the value of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including iDn and TechRadar.



National Online Safety<sup>®</sup>

#WakeUpWednesday

EMERGENCY



## Think of the Week

A **think** is an **unusual question** that makes you **think**. A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



What are the advantages and disadvantages of having a chair made out of chocolate?



## HARVEST COLLECTION



**Thank you to everyone who has  
donated food for the Hope  
Centre, our collection is  
growing day by day!  
Your donation will really make  
a difference.**

## School Mental Health Leads

### Ms Cunningham and Miss Garrard are the Mental Health Leads at Simon de Senlis

If you have any worries or concerns about any aspect of your child's mental wellbeing please speak to your child's class teacher or contact us in school.



Laura Cunningham

Inclusion Leader  
Deputy Designated Safeguarding Lead  
Mental Health First Aider



Hannah Garrard

Family Support Worker  
Deputy Designated Safeguarding Lead  
Mental Health First Aider

## Miss Garrard says....

### What is parental conflict?

It doesn't matter if you're together or separated, if arguments or disagreements between you and your co-parent are frequent, intense and stay unresolved then this can cause long term issues for the family. Children exposed to parental relationship distress are more likely to experience problems in later life, and as a parent it can feel isolating and difficult when every conversation ends with an argument. Parental conflict is not domestic abuse. It can happen whether parents are together or separated.

#### Explore resources related to parental conflict



##### Stonewalling

Most of us have been guilty of 'stonewalling' our partners at one point.

COMMON PROBLEM



##### Criticism in relationships

Frequently criticising your partner or being criticised by them can create a lot of tension in your relationship.

COMMON PROBLEM



##### The arguments quiz

COMMON PROBLEM

The above information is taken from [Supporting parent relationships | Relate](#)

Why not check out their website where they can offer lots of resources or workshops to support with managing parental conflict.

# Optimistic October 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together



# Sports- Gymnastics

- Have you been inspired by the amazing gymnasts competing in the 2023 World Gymnastics Championships in Antwerp. Watch all the action on TV over the weekend.

Why not talk to those who are members of SDS Gym club and join up after Christmas.

If you would like to summersault, spin and roll like your favorite stars, then find out more about your local club by following this link below.

<https://www.trilogyactive.co.uk/junior-activities/trilogy-gymnastics-academy/>



Northamptonshire  
Police



## Cuppa with a Copper - Hunsbury Library

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Officers from the local Neighborhood policing team will be holding a community surgery on:

- Thurs 26th October
- Wed 22nd November
- Wed 20th December

Sessions run between 10am and 12pm at Hunsbury Library, Overslade Close, Northampton NN4 0RZ.

We will be on hand to listen to any concerns you have in your local community and to offer crime prevention advice.

Please come along to speak to your local officers about any issues of concern in your local community.

Everyone is welcome and it would be great to see you there.



West  
Northamptonshire  
Council

Is your child  
currently in  
Year 6?



**Apply for Year 7  
at Secondary school**



**Application Deadline:  
31 October 2023**



[www.westnorthants.gov.uk/school-admissions](http://www.westnorthants.gov.uk/school-admissions)

## Secondary School Places 2024

The application portal is now live for parents/carers to submit their school preferences for a secondary school place at [www.westnorthants.gov.uk/admissions](http://www.westnorthants.gov.uk/admissions)

Parents have until **31 October 2023** to apply.



## PEAK EMPOWER HALF TERM ACTIVITIES

WE ARE RUNNING A RANGE OF FREE  
ACTIVITIES FOR YOUNG PEOPLE WITH  
ADDITIONAL MENTAL AND HEALTH NEEDS:

### **HERO & VILLIANS LEGO:**

Monday, 23rd October 2pm - 3pm  
St Thomas Centre, 1 Semilong Rd, Semilong,  
Northampton NN2 6AG (ages 3 - 16)



### **MUSIC BUG AUTUMN FUN:**

Friday, 27th October 10am - 11am  
St Thomas Centre, 1 Semilong Rd, Semilong,  
Northampton NN2 6AG (ages 3 - 7)



### **BTP (Born to Perform) SILENT HALLOWEEN DISCO:**

Monday, 30th October 1pm - 3pm, Deco Theatre,  
Abington Square, Northampton NN1 4AE (ages 3-15)



to book your space please email  
[info@peak-empower.co.uk](mailto:info@peak-empower.co.uk)

BEAVERS

# IT'S TIME FOR FUN!

Beavers is for ages 6 - 8 who want lots of fun and adventures.

We meet at the Abbey Centre every Monday 6:15 - 7:15 during term time, so come and give your local colony a try!

[beavers@50thnorthamptonhunsburyscouts.co.uk](mailto:beavers@50thnorthamptonhunsburyscouts.co.uk)



# Northampton ESCO AUTUMN CAMPS

[www.northamptonesco.co.uk](http://www.northamptonesco.co.uk)

MONDAY 23RD OCTOBER - FRIDAY 27TH OCTOBER

## Venues:

**Weston Favell Primary School**

**Millway Primary School**

**9-3:30pm**

MONDAY 30TH OCTOBER - THURSDAY 2ND NOVEMBER

## Venue:

**Cedar Road Primary School**

**9-3:30pm**

## BOOK HERE

<https://northamptonesco.co.uk/>

£18 per child  
per day.  
Bring own  
lunch/snacks  
and drinks.

## ACTIVITY SCHEDULE



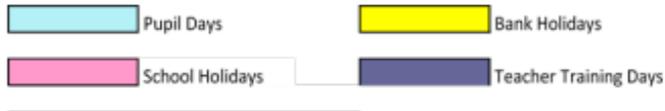
**Parents and visitors are reminded that Danes Camp and Tesco supermarket kindly offer free parking for dropping off and picking up your children.**

**The car park at school is for staff parking,  
unless you have a Blue badge**



**Please leave our disabled bays for our disabled staff and visitors,  
access is required at all times.**

**Many thanks**



## NPAT Academic Calendar 24/25

**Teacher Training Days**  
 Monday 2 September 2024  
 Tuesday 3 September 2024  
 Monday 4 November 2024  
 Monday 24 February 2025  
 Monday 2 June 2025

September 2024					
Mon		2	9	16	23
Tues		3	10	17	24
Wed		4	11	18	25
Thu		5	12	19	26
Fri	30	6	13	20	27

October 2024					
Mon	30	7	14	21	28
Tues	1	8	15	22	29
Wed	2	9	16	23	30
Thu	3	10	17	24	31
Fri	4	11	18	25	

November 2024					
Mon		4	11	18	25
Tues		5	12	19	26
Wed		6	13	20	27
Thu		7	14	21	28
Fri	1	8	15	22	29

December 2024					
Mon	2	9	16	23	30
Tues	3	10	17	24	31
Wed	4	11	18	25	
Thu	5	12	19	26	
Fri	6	13	20	27	

January 2025					
Mon		6	13	20	27
Tues		7	14	21	28
Wed	1	8	15	22	29
Thu	2	9	16	23	30
Fri	3	10	17	24	31

February 2025					
Mon	3	10	17	24	
Tues	4	11	18	25	
Wed	5	12	19	26	
Thu	6	13	20	27	
Fri	7	14	21	28	

March 2025					
Mon		3	10	17	24 31
Tues		4	11	18	25
Wed		5	12	19	26
Thu		6	13	20	27
Fri		7	14	21	28

April 2025					
Mon		7	14	21	28
Tues	1	8	15	22	29
Wed	2	9	16	23	30
Thu	3	10	17	24	
Fri	4	11	18	25	

May 2025					
Mon		5	12	19	26
Tues		6	13	20	27
Wed		7	14	21	28
Thu	1	8	15	22	29
Fri	2	9	16	23	30

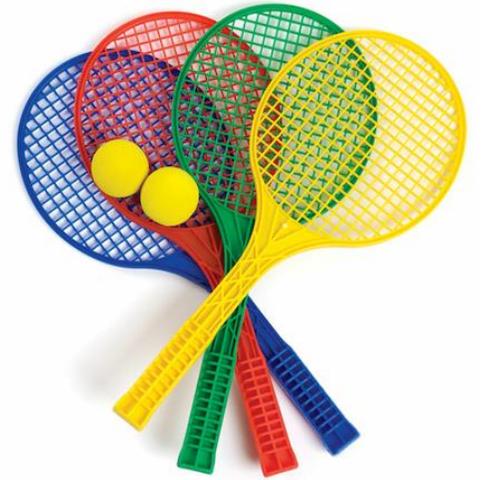
June 2025					
Mon		2	9	16	23
Tues		3	10	17	24
Wed		4	11	18	25
Thu		5	12	19	26
Fri		6	13	20	27

July 2025					
Mon	30	7	14	21	28
Tues	1	8	15	22	29
Wed	2	9	16	23	30
Thu	3	10	17	24	31
Fri	4	11	18	25	

August 2025					
Mon			4	11	18 style="background-color: yellow;">25
Tues			5	12	19 style="background-color: pink;">26
Wed			6	13	20 style="background-color: pink;">27
Thu			7	14	21 style="background-color: pink;">28
Fri		1	8	15	22 style="background-color: pink;">29

# THIS WEEK IN ASSEMBLY

This week, we talked about the playground arrangements for playtime and lunchtime. There are lots of things to play in our latest play zones and we have more equipment out at playtimes too. We linked this to the British values to remind ourselves what we mean by Individual Liberty, The Rule of Law and Mutual Respect. We talked about how this looks on our playground.



# Are you the parent or carer of an 8-16 year old?

Discover  adventure in Milton Keynes this autumn!

## Holiday Adventure Clubs

23rd - 27th October 2023\*

8.45am - 5.00pm

Suitable for young people aged 8 - 16 years old

They'll discover a mixture of land and water-based activities from sailing, caving, archery, high ropes, climbing, zorbing and more!

\*Specific dates apply. Charges apply. Activities vary. Places available on a first-come, first-served basis. Book online at [www.action4youth.org/adventureclubs](http://www.action4youth.org/adventureclubs)



INSPIRING YOUNG PEOPLE

 **ACTION 4 YOUTH**  
**THE CALDECOTTE**  
**XPERIENCE**

Book their adventure today!

The Caldecotte Xperience, MK6 3AG  
[www.action4youth.org/adventureclubs](http://www.action4youth.org/adventureclubs)

Registered charity number 1033626



6 T H O C T O B E R 2 0 2 3

S O M E N E W S F O R  
O U R C H I L D R E N





## Let's look at this week's story

The 2024 edition of the Guinness World Records has been released. This year, over 30,000 applicants submitted their achievements, but only 2,638 records were selected for the edition, which features more than 80% new and updated records. The annual collection of records has run since 1955, when it was first inspired by the question 'What's the fastest game bird in Europe?'. Its latest edition is themed around the Blue Planet, with a number of records celebrated, including those set by impressive marine creatures, adventurous sailors and record-breaking lakes, rivers and icescapes.

# What's happening in the news this week?



Let's have a look at this week's poster!

2nd - 8th October 2023



# Can anyone break a world record?



Guinness World Records 2024



## Baby Beaver



**Pictured:** Beavers.  
**Source:** Canva.

A baby beaver has been spotted in the Bay Area of San Francisco, USA, for the first time in 160 years! Biologists saw a small animal on the trail cameras installed throughout the area. Initially, they were confused as to what the cameras had captured. 'Finally, it hit me in the head,' commented Bill Leikam, from the Urban Wildlife Research Project. 'Could that be a baby beaver?' The young mammal, which was too small to be an adult beaver, was detected at Matadero Creek near Palo Alto, south of San Francisco. It is believed by scientists that its parents have broken off from a group of beavers that were reintroduced nearby and have now started

a family. Scientists are excited that this means the small group of beavers will now grow in numbers, spread and build dams further afield. 'The beaver ponds in the uplands will also create habitat for all manner of birds, amphibians, bats, and will serve as an insect cafeteria for trout and salmon. That's why we refer to the beaver as a keystone species,' said Dr Rick Lanman, President of the Institute for Historical Ecology. A baby beaver is called a kit, they are born with their eyes open, already have fur and can swim after one day! North America's largest rodent grows quickly and can build dams and lodges with their parents at around one year old.

## Picture News Pupil Journalist Competition!

At Picture News, we're passionate about sharing the news to help you learn more about the world, and unleash new ideas and interests. However, this time, we want to hear your stories!

Practise your journalism skills and tell us about something happening at your school, in your local community, or a cause or topic you care about. Maybe a school fair or fun run is happening, or you want to tell us about a local charity or community project. Whatever it is, we want to know!

Plus, the winning article will be published in this Paper!

Do you want to share your story with children across the country? Email your articles to [help@picture-news.co.uk](mailto:help@picture-news.co.uk) by Friday 20th October. Remember to add your name, age, and school. Any articles sent to us may be published, so you will need permission for the photos you include.

**Happy writing!**



**Pictured:** Writing. **Source:** Canva.

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



# Replacement for palm oil?

Scientists from Queen Margaret University (QMU) in Edinburgh have announced they have produced a new ingredient that could potentially be used to replace palm oil. The food experts say that PALM-ALT, which has been tested as an alternative to palm oil in baked goods at the university, is healthier, containing 80% less saturated fat and 30% fewer calories, as well as being better for the environment. The researchers in Scotland say the 100% plant-based ingredient made from a by-product from the linseed industry, natural fibre, and rapeseed oil, is 70% better for the environment. Figures suggest that nearly 50% of all food and cosmetic products contain palm oil. This is because the oil, made from the fruits of trees called African oil palms, has no odour, taste or colour

therefore doesn't alter the flavour of the produce it is added to. However, it creates a smooth texture, whilst working as a natural preservative. Experts say the large demand for the ingredient has caused increased rainforest deforestation. Catriona Liddle, from the QMU team, said of palm oil, 'It's the holy grail to replace it and still have exactly the same end result in product - to taste the same and have the texture the same - and we've done that. We've put it through some special sensory testing to see if a panel can tell the difference between our product and traditional palm shortening, and they can't.' ***Do you think it's a good idea for scientists to look for more environmentally friendly alternatives for ingredients that we use a lot?***



**Pictured:** Catriona Liddle and Dr Julien Lonchamp, who led the research team at Queen Margaret University in Edinburgh. **Source:** Queen Margaret University X page.

## Last week's topic: Is a school more than just a building?



Yes. A school is the people, the classrooms, the learning and much more.

**Ricard**

I believe that a school is the name for all the parts of it combined. A building on its own is just a building.

**Philip**

I think that the building is the school, without it you don't have where people meet together.

**Rosie**

## Let us know what you think about this week's news?



[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



[help@picture-news.co.uk](mailto:help@picture-news.co.uk)



@HelpPicture



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Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



# TAKEHOME



## In the news this week

The 2024 edition of the Guinness World Records has been released. This year, over 30,000 applicants submitted their achievements, but only 2,638 records were selected for the edition, which features more than 80% new and updated records. The annual collection of records has run since 1955, when it was first inspired by the question 'What's the fastest game bird in Europe?'. Its latest edition is themed around the Blue Planet, with a number of records celebrated, including those set by impressive marine creatures, adventurous sailors and record-breaking lakes, rivers and icescapes.

### Things to talk about at home ...

- > Do you know any world records?
- > If you were to attempt a world record, what do you think you would try to do and why?
- > What do you think the benefits would be of setting or breaking a world record?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

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# Reflection



Guinness World Records says that a world record is not simply a fact but a way to measure ourselves. Knowing 'the biggest, the smallest, the fastest, the most and the least,' it says, helps us understand our position in the world and how we fit in.

